


September 2024 - Senior Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1:00 SP Northwest Bible Church [CH] 1</p> <p>2:00 EM Movie Matinee- Must Love Dogs [CR]</p>	<p>Labor Day 2</p> <p>1:00 EM Movie Matinee- Elvis [GR]</p>	<p>9:00 EN Shopping Trip to Cub [ME] 3</p> <p>9:30 SO Coffee Chat w/ Activity Dept [CR]</p> <p>10:30 PH Exercise- Cardio [CR]</p> <p>1:00 PH Grip Games [GR]</p> <p>2:00 VO Sing-a-Long [DR]</p> <p>2:00 IN Cards- Players Choice [LC]</p> <p>3:15 PH Manicures & Music [CR]</p> <p>5:30 IN Game Time- Dominoes [LC]</p>	<p>9:30 SO Coffee Chat w/ Emily [CS] 4</p> <p>10:00 SO Activity Committee [CR]</p> <p>10:30 PH Exercise- Strength [CR]</p> <p>1:30 SO September Tunes w/ Dule Zekko [DR]</p> <p>3:00 IN Twisted Bingo [CR]</p> <p>3:30 SO 31 (Football Board) [LC]</p> <p>5:30 IN Game Time- Scrabble [LC]</p>	<p>9:30 SO Ladies Tea [GR] 5</p> <p>10:00 PH Affinity Hearing [DR]</p> <p>10:30 PH Exercise- Cardio [CR]</p> <p>1:00 SO Welcome to the Community Popcorn Social [GR]</p> <p>2:00 IN Virtual Event- Founding of America [CR]</p> <p>2:00 IN Cards- Players Choice [LC]</p> <p>3:15 VO Sing-a-Long [CR]</p> <p>5:30 VO Engineering Projects [CR]</p>	<p>9:30 SP Catholic Communion [CR] 6</p> <p>10:30 PH Exercise- Strength [CR]</p> <p>1:00 VO Sing-a-Long [DR]</p> <p>1:00 SO Grip Games Really Big Show! [GR]</p> <p>2:00 IN Bingo [DR]</p> <p>3:00 SO Cheese & Wine Friday [LC]</p>	<p>2:00 IN Cards- Players Choice [LC] 7</p> <p>2:00 EM Movie Matinee- [CR]</p>
<p>1:00 SP Northwest Bible Church [CH] 8</p> <p>2:00 EM Movie Matinee- [CR]</p>	<p>9:30 SO Coffee Chat w/ Pamela [CS] 9</p> <p>10:00 SO Ambassador Meeting [GR]</p> <p>10:30 PH Exercise w/ Jenny [CR]</p> <p>1:00 EM Sing-a-Long [CR]</p> <p>2:00 IN Card Bingo [DR]</p> <p>3:00 SO Happy Hour [LC]</p> <p>6:15 SP Rosary [CH]</p>	<p>9:00 EN Shopping Trip to Dollar Tree [ME] 10</p> <p>1:00 VO Sing-a-Long [DR]</p> <p>2:00 Assisted Living Week Carnival [CR]</p> <p>2:00 IN Cards- Players Choice [LC]</p> <p>5:30 IN Game Time- Jenga [LC]</p>	<p>9:30 SO Coffee Chat w/ Emily [CS] 11</p> <p>10:30 PH Exercise w/ Jenny [CR]</p> <p>11:30 VO Sing-a-Long- 9/11 Patriotic Tribute Concert [DR]</p> <p>2:00 IN Twisted Bingo [DR]</p> <p>3:00 IN Book Club- [L]</p> <p>3:30 SO 31 (Football Board) [LC]</p> <p>5:30 IN Game Time- Yahtzee [LC]</p>	<p>9:30 SO Coffee Chat w/ Lisa [CS] 12</p> <p>10:30 PH Exercise- Cardio [CR]</p> <p>2:00 IN Cards- Players Choice [LC]</p> <p>5:30 VO Engineering Projects [CR]</p>	<p>9:30 SP Catholic Communion [CR] 13</p> <p>10:30 PH Exercise- Strength [CR]</p> <p>1:00 IN Rummikub [CS]</p> <p>2:00 IN Bingo [DR]</p> <p>3:00 SO Piazza Friday at the Bar [LC]</p>	<p>2:00 IN Cards- Players Choice [LC] 14</p> <p>2:00 EM Movie Matinee- [CR]</p>
<p>1:00 SP Northwest Bible Church [CH] 15</p> <p>2:00 EM Movie Matinee- [CR]</p>	<p>9:30 SO Pastries & Coffee [CS] 16</p> <p>10:30 PH Exercise- Strength [CR]</p> <p>1:00 SO Sundae Monday [CR]</p> <p>2:00 IN Card Bingo [DR]</p> <p>3:00 SO Happy Hour [LC]</p> <p>6:15 SP Rosary [CH]</p>	<p>9:00 VO Shopping Trip to Walmart [ME] 17</p> <p>9:30 SO Coffee Chat w/ Activity Dept [CR]</p> <p>10:30 PH Exercise- Cardio [CR]</p> <p>1:00 SO Culinary Chat [CR]</p> <p>1:30 SO Chef Demo [CR]</p> <p>2:00 IN Cards- Players Choice [LC]</p> <p>3:00 VO Cooking Club- [CR]</p> <p>5:30 IN Game Time- Dominoes [LC]</p>	<p>9:30 SO Coffee Chat w/ Emily [CS] 18</p> <p>10:30 PH Exercise- Strength [CR]</p> <p>12:30 IN Aegis Wellness Chat [DR]</p> <p>1:30 SO Birthday Celebration w/ The Kayr Tones [DR]</p> <p>3:00 IN Twisted Bingo [CR]</p> <p>3:30 SO 31 (Football Board) [LC]</p> <p>5:30 IN Game Time- Scrabble [LC]</p>	<p>9:30 EN Men's Excursion to BNSF Railway [ME] 19</p> <p>9:30 SO Ladies Tea [GR]</p> <p>10:30 PH Exercise w/ Jenny [CR]</p> <p>1:00 IN History & Trivia [CR]</p> <p>2:00 IN Cards- Players Choice [LC]</p> <p>2:30 EN Excursion to Elk River Farmers Market [ME]</p> <p>5:30 VO Engineering Projects [CR]</p>	<p>9:30 SP Catholic Mass [CR] 20</p> <p>10:30 PH Exercise- Strength [CR]</p> <p>1:00 IN Rummikub [CS]</p> <p>2:00 IN Bingo [DR]</p> <p>3:00 SO Fiesta Friday at the bar [LC]</p>	<p>2:00 IN Cards- Players Choice [LC] 21</p> <p>2:00 EM Movie Matinee- [CR]</p>
<p>1:00 SP Northwest Bible Church [CH] 22</p> <p>2:00 EM Movie Matinee- [CR]</p>	<p>9:30 SO Coffee & Donuts [CS] 23</p> <p>10:30 PH Exercise- Strength [CR]</p> <p>1:00 PH Manicures & Music [CR]</p> <p>2:00 IN Card Bingo [DR]</p> <p>3:00 SO Happy Hour [LC]</p> <p>6:15 SP Rosary [CH]</p>	<p>9:00 EN Shopping Trip to Hobby Lobby [ME] 24</p> <p>9:30 SO Coffee Chat w/ Activity Dept [CR]</p> <p>10:30 PH Exercise- Cardio [CR]</p> <p>1:00 VO Sing-a-Long [CR]</p> <p>2:00 IN Cards- Players Choice [LC]</p> <p>3:30 IN Book Club- [L]</p> <p>5:30 IN Game Time- Jenga [LC]</p>	<p>9:00 PH Podiatry [CR] 25</p> <p>9:30 SO Coffee Chat w/ Emily [CS]</p> <p>10:30 PH Exercise w/ Jenny [CR]</p> <p>2:00 IN Twisted Bingo [DR]</p> <p>3:15 IN History & Trivia [CR]</p> <p>3:30 SO 31 (Football Board) [LC]</p> <p>5:30 IN Game Time- Yahtzee [LC]</p>	<p>9:30 SO Coffee Chat w/ Lisa [CS] 26</p> <p>10:30 PH Exercise w/ Jenny [CR]</p> <p>11:00 EN Lunch trip to Topsy Steer Restaurant in Blaine [ME]</p> <p>2:00 VO Resident Meeting (Resident Council) [DR]</p> <p>3:00 IN Cards- Players Choice [LC]</p> <p>3:15 VO Craft Club- Beading Jewelry [CR]</p> <p>5:30 VO Engineering Projects [CR]</p>	<p>9:30 SP Catholic Communion [CR] 27</p> <p>10:30 PH Exercise- Strength [CR]</p> <p>1:00 IN Rummikub [CS]</p> <p>2:00 IN Bingo [DR]</p> <p>3:00 SO Sweet n Salty Happy Hour [LC]</p>	<p>2:00 IN Cards- Players Choice [LC] 28</p> <p>2:00 EM Movie Matinee- [CR]</p>
<p>1:00 SP Northwest Bible Church [CH] 29</p> <p>2:00 EM Movie Matinee- [CR]</p>	<p>9:30 SO Bagels & Joe [CS] 30</p> <p>10:30 PH Exercise- Strength [CR]</p> <p>1:00 SO Sundae Monday [CR]</p> <p>2:00 IN Card Bingo [DR]</p> <p>3:00 SO Happy Hour [LC]</p> <p>6:15 SP Rosary [CH]</p>			<p>EM Emotional</p> <p>EN Enviromental</p> <p>IN Intellectual</p> <p>PH Physical</p> <p>VO Vocational</p> <p>SO Social</p> <p>SP Spiritual</p> <p>HO Holiday</p>	<p>CH Chapel</p> <p>CR Community Room</p> <p>CS Coffee Shop</p> <p>DR Dining Room</p> <p>GR Great Room</p> <p>L Lounge</p> <p>LC Legends Club</p> <p>ME Main Entry</p>	