



## Podiatry

**September 25th @  
9:00am-1:00PM (CR)  
Appointments must  
be made (9/9 to 9/23  
@ the Front Desk to  
see the Podiatrist. No  
Walk-Ins will be  
excepted. Please  
arrive 15 minutes to  
your appointment  
Time.**



**AFFINITY HEARING  
CLINIC-**

**SEPTEMBER 5TH @  
10:00AM (DR)**



**Aegis Wellness Chat-  
September 18th @  
12:30 (DR)**



**Our Community Newsletter**  
*Discover what's going on in our community.*



**Judith P 9/2  
Roberta N 9/4  
Jack M 9/6  
Jeanne S 9/11  
Shirley Ann L 9/22**







"I don't need to use a mixer to stir this cookie dough, I do the Grip Games!" - Janet S

**The Legacy Cookbook- Please drop of Recipes in the Recipe Book located in the (CR)**

# Assisted Living Week

- INDOOR CARNIVAL
- CANDY COUNTING CONTEST
- SPECIAL TREATS
- FOOD EVENTS
- TRIVIA & PRIZES
- ART & CRAFT FAIR

## SPIRIT WEEK: DRESS UP DAYS

MONDAY- TIE DYE DAY  
 TUESDAY- CAMO DAY  
 WEDNESDAY- PATRIOTIC DAY  
 THURSDAY- DISNEY DAY  
 FRIDAY- WESTERN DAY

Cake Walk  
 Corn Hole  
 Mini Golf  
 Bowling



# Legacy Sing-a-Long

presents a  
**9/11 Patriotic Tribute Concert**  
 Wednesday September 11th @  
 1130 (DR)



Monthly Entertainment-  
 Wednesday September 4th  
 (Duke Zekko) &  
 Wednesday September 18th  
 (The Kayr Tones)  
 @ 1:30 (DR)



Happy Hour  
 Mondays & Fridays @ 3pm  
 (2C)



**Sundae Mondays**  
**September 16th &**  
**30th @ 1:00 (CR)**



• Activity Committee-  
September 4th @ 10:00  
(CR)

• Ambassador Meeting-  
September 9th @ 10:00  
(GR)

• Resident Council-  
September 26th @  
2:00 (DR)


• Welcome to the  
Community  
Popcorn Social-  
September 5th @  
1:00 (GR)

• Culinary Chat @ 1:00 &  
Chef Demo @ 1:30 on  
September 10th (DR)





# September 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:00 Wake Up &amp; Worship [AR] <b>1</b></p> <p>1:00 Northwest Bible Church [CH]</p> <p>2:00 Movie Matinee- Must Love Dogs [CR]</p>	<p><b>Labor Day</b> <b>2</b></p> <p>1:00 Movie Matinee- Elvis [GR]</p>	<p>9:00 <b>Shopping Trip to Cub [ME]</b> <b>3</b></p> <p>9:30 Coffee Chat w/ Activity Dept [CR]</p> <p>10:30 Exercise- Cardio [CR]</p> <p>1:00 Grip Games [GR]</p> <p>2:00 Cards- Players Choice [LC]</p> <p>2:00 Sing-a-Long [DR]</p> <p>3:00 Craft Club- [CR]</p> <p>3:15 Manicures &amp; Music [CR]</p> <p>5:30 Game Time- Dominoes [LC]</p>	<p>12:00 Craft Club- [CR] (cont.) <b>4</b></p> <p>9:30 Coffee Chat w/ Emily [CS]</p> <p>10:00 Activity Committee [CR]</p> <p>10:30 Exercise- Strength [CR]</p> <p>1:30 <b>September Tunes w/ Dule Zekko [DR]</b></p> <p>3:00 Twisted Bingo [CR]</p> <p>3:30 31 (Football Board) [LC]</p> <p>5:30 Game Time- Scrabble [LC]</p>	<p>12:00 Craft Club- [CR] (cont.) <b>5</b></p> <p>9:00 Scripture Stories [AR]</p> <p>9:30 Ladies Tea [GR]</p> <p>10:00 <b>Affinity Hearing [DR]</b></p> <p>10:30 Exercise- Cardio [CR]</p> <p>1:00 Welcome to the Community Popcorn Social [GR]</p> <p>2:00 <b>Virtual Event- Founding of America [CR]</b></p> <p>2:00 Cards- Players Choice [LC]</p> <p>3:15 Sing-a-Long [CR]</p> <p>5:30 Engineering Projects [CR]</p>	<p>12:00 Craft Club- [CR] (cont.) <b>6</b></p> <p>9:30 Catholic Communion [CR]</p> <p>10:30 Exercise- Strength [CR]</p> <p>1:00 Sing-a-Long [DR]</p> <p>1:00 Grip Games Really Big Show! [GR]</p> <p>2:00 Bingo [DR]</p> <p>3:00 Cheese &amp; Wine Friday [LC]</p>	<p>12:00 Craft Club- [CR] (cont.) <b>7</b></p> <p>2:00 Cards- Players Choice [LC]</p> <p>2:00 Movie Matinee- [CR]</p>
<p>12:00 Craft Club- [CR] (cont.) <b>8</b></p> <p>9:00 Wake Up &amp; Worship [AR]</p> <p>1:00 Northwest Bible Church [CH]</p> <p>2:00 Movie Matinee- [CR]</p>	<p>12:00 Craft Club- [CR] (cont.) <b>9</b></p> <p>9:30 Coffee Chat w/ Pamela [CS]</p> <p>10:00 <b>Ambassador Meeting [GR]</b></p> <p>10:30 Exercise w/ Jenny [CR]</p> <p>1:00 Sing-a-Long [CR]</p> <p>2:00 Card Bingo [DR]</p> <p>3:00 Happy Hour [LC]</p> <p>6:15 Rosary [CH]</p>	<p>12:00 Craft Club- [CR] (cont.) <b>10</b></p> <p>9:00 <b>Shopping Trip to Dollar Tree [ME]</b></p> <p>1:00 Sing-a-Long [DR]</p> <p>2:00 Cards- Players Choice [LC]</p> <p>2:00 <b>Assisted Living Week Carnival [CR]</b></p> <p>5:30 Game Time- Jenga [LC]</p>	<p>12:00 Craft Club- [CR] (cont.) <b>11</b></p> <p>9:30 Coffee Chat w/ Emily [CS]</p> <p>10:30 Exercise w/ Jenny [CR]</p> <p>11:30 <b>Sing-a-Long- 9/11 Patriotic Tribute Concert [DR]</b></p> <p>2:00 Twisted Bingo [DR]</p> <p>3:00 Book Club-</p> <p>3:30 31 (Football Board) [LC]</p> <p>5:30 Game Time- Yahtzee [LC]</p>	<p>12:00 Craft Club- [CR] (cont.) <b>12</b></p> <p>9:00 Scripture Stories [AR]</p> <p>9:30 Coffee Chat w/ Lisa [CS]</p> <p>10:30 Exercise- Cardio [CR]</p> <p>2:00 Cards- Players Choice [LC]</p> <p>5:30 Engineering Projects [CR]</p>	<p>12:00 Craft Club- [CR] (cont.) <b>13</b></p> <p>9:30 Catholic Communion [CR]</p> <p>10:30 Exercise- Strength [CR]</p> <p>1:00 Rummikub [CS]</p> <p>2:00 Bingo [DR]</p> <p>3:00 Piazza Friday at the Bar [LC]</p>	<p>12:00 Craft Club- [CR] (cont.) <b>14</b></p> <p>2:00 Cards- Players Choice [LC]</p> <p>2:00 Movie Matinee- [CR]</p>
<p>12:00 Craft Club- [CR] (cont.) <b>15</b></p> <p>9:00 Wake Up &amp; Worship [AR]</p> <p>1:00 Northwest Bible Church [CH]</p> <p>2:00 Movie Matinee- [CR]</p>	<p>12:00 Craft Club- [CR] (cont.) <b>16</b></p> <p>9:30 Pastries &amp; Coffee [CS]</p> <p>10:30 Exercise- Strength [CR]</p> <p>1:00 Sundae Monday [CR]</p> <p>2:00 Card Bingo [DR]</p> <p>3:00 Happy Hour [LC]</p> <p>6:15 Rosary [CH]</p>	<p>12:00 Craft Club- [CR] (cont.) <b>17</b></p> <p>9:00 <b>Shopping Trip to Walmart [ME]</b></p> <p>9:30 Coffee Chat w/ Activity Dept [CR]</p> <p>10:30 Exercise- Cardio [CR]</p> <p>1:00 Culinary Chat [CR]</p> <p>1:30 Chef Demo [CR]</p> <p>2:00 Cards- Players Choice [LC]</p> <p>3:00 Cooking Club- [CR]</p> <p>5:30 Game Time- Dominoes [LC]</p>	<p>12:00 Craft Club- [CR] (cont.) <b>18</b></p> <p>9:30 Coffee Chat w/ Emily [CS]</p> <p>10:30 Exercise- Strength [CR]</p> <p>12:30 <b>Aegis Wellness Chat [DR]</b></p> <p>1:30 <b>Birthday Celebration w/ The Kayr Tones [DR]</b></p> <p>3:00 Twisted Bingo [CR]</p> <p>3:30 31 (Football Board) [LC]</p> <p>5:30 Game Time- Scrabble [LC]</p>	<p>12:00 Craft Club- [CR] (cont.) <b>19</b></p> <p>9:00 Scripture Stories [AR]</p> <p>9:30 Ladies Tea [GR]</p> <p>9:30 <b>Men's Excursion to BNSF Railway [ME]</b></p> <p>10:30 Exercise w/ Jenny [CR]</p> <p>1:00 History &amp; Trivia [CR]</p> <p>2:00 Cards- Players Choice [LC]</p> <p>2:30 <b>Excursion to Elk River Farmers Market [ME]</b></p> <p>5:30 Engineering Projects [CR]</p>	<p>12:00 Craft Club- [CR] (cont.) <b>20</b></p> <p>9:30 Catholic Mass [CR]</p> <p>10:30 Exercise- Strength [CR]</p> <p>1:00 Rummikub [CS]</p> <p>2:00 Bingo [DR]</p> <p>3:00 Fiesta Friday at the bar [LC]</p>	<p>12:00 Craft Club- [CR] (cont.) <b>21</b></p> <p>2:00 Cards- Players Choice [LC]</p> <p>2:00 Movie Matinee- [CR]</p>
<p>12:00 Craft Club- [CR] (cont.) <b>22</b></p> <p>9:00 Wake Up &amp; Worship [AR]</p> <p>1:00 Northwest Bible Church [CH]</p> <p>2:00 Movie Matinee- [CR]</p>	<p>12:00 Craft Club- [CR] (cont.) <b>23</b></p> <p>9:30 Coffee &amp; Donuts [CS]</p> <p>10:30 Exercise- Strength [CR]</p> <p>1:00 Manicures &amp; Music [CR]</p> <p>2:00 Card Bingo [DR]</p> <p>3:00 Happy Hour [LC]</p> <p>6:15 Rosary [CH]</p>	<p>12:00 Craft Club- [CR] (cont.) <b>24</b></p> <p>9:00 <b>Shopping Trip to Hobby Lobby [ME]</b></p> <p>9:30 Coffee Chat w/ Activity Dept [CR]</p> <p>10:30 Exercise- Cardio [CR]</p> <p>1:00 Sing-a-Long [CR]</p> <p>2:00 Cards- Players Choice [LC]</p> <p>3:30 Book Club-</p> <p>5:30 Game Time- Jenga [LC]</p>	<p>12:00 Craft Club- [CR] (cont.) <b>25</b></p> <p>9:00 <b>Podiatry [CR]</b></p> <p>9:30 Coffee Chat w/ Emily [CS]</p> <p>10:30 Exercise w/ Jenny [CR]</p> <p>2:00 Twisted Bingo [DR]</p> <p>3:15 History &amp; Trivia [CR]</p> <p>3:30 31 (Football Board) [LC]</p> <p>5:30 Game Time- Yahtzee [LC]</p>	<p>12:00 Craft Club- [CR] (cont.) <b>26</b></p> <p>9:00 Scripture Stories [AR]</p> <p>9:30 Coffee Chat w/ Lisa [CS]</p> <p>10:30 Exercise w/ Jenny [CR]</p> <p>11:00 <b>Lunch trip to Topsy Steer Restaurant in Blaine [ME]</b></p> <p>2:00 <b>Resident Meeting (Resident Council) [DR]</b></p> <p>3:00 Cards- Players Choice [LC]</p> <p>3:15 Craft Club- Beading Jewelry [CR]</p> <p>5:30 Engineering Projects [CR]</p>	<p>12:00 Craft Club- [CR] (cont.) <b>27</b></p> <p>9:30 Catholic Communion [CR]</p> <p>10:30 Exercise- Strength [CR]</p> <p>1:00 Rummikub [CS]</p> <p>2:00 Bingo [DR]</p> <p>3:00 Sweet n Salty Happy Hour [LC]</p>	<p>12:00 Craft Club- [CR] (cont.) <b>28</b></p> <p>2:00 Cards- Players Choice [LC]</p> <p>2:00 Movie Matinee- [CR]</p>
<p>12:00 Craft Club- [CR] (cont.) <b>29</b></p> <p>9:00 Wake Up &amp; Worship [AR]</p> <p>1:00 Northwest Bible Church [CH]</p> <p>2:00 Movie Matinee- [CR]</p>	<p>12:00 Craft Club- [CR] (cont.) <b>30</b></p> <p>9:30 Bagels &amp; Joe [CS]</p> <p>10:30 Exercise- Strength [CR]</p> <p>1:00 Sundae Monday [CR]</p> <p>2:00 Card Bingo [DR]</p> <p>3:00 Happy Hour [LC]</p> <p>6:15 Rosary [CH]</p>	 <p><b>The Legacy of St. Michael</b></p>				