


January 2025 - Senior Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	CH Chapel CR Community Room CS Coffee Shop DR Dining Room GR Great Room LC Legends Club ME Main Entry	Happy Birthday to 1/2 Connie Uzzell 1/15 LaRose McDowell 1/19 John Gransee 1/31 Grace Tollefson	New Year's Day 1 11:30 Holiday Dinner [DR] 2:00 Movie Matinee- [CR] 5:30 Game Time- Rummikub [LC]	9:30 Coffee w/ Chatty Cathy [CS] 2 10:30 Exercise- Cardio [CR] 1:00 Welcome to the Community Popcorn Social [GR] 2:00 Senior Spelling Bee [CR] 3:00 The Game Show [CR]	9:30 Catholic Communion [CR] 3 10:30 Exercise- Strength [CR] 1:00 Rummikub [CS] 2:00 Legacy Buck Bingo [DR] 3:00 Happy Hour Munchies [LC]	2:00 Movie Matinee- Prancer [CR] 4 2:00 Cards- 500 [CS]	
	1:00 Northwest Bible Church [CH] 5 2:00 Movie Matinee- Christmas Snow [CR] 2:00 Cards- 500 [CS]	9:30 Bistro Corner [CS] 6 10:30 Exercise- Strength [CR] 1:00 Ice Cream Social [CR] 2:00 Card Bingo [DR] 3:00 Happy Hour [LC] 6:15 Rosary [CH]	9:00 Shopping Trip to Cub [ME] 7 9:30 Coffee Chat w/ Jenny [CS] 10:30 Exercise- Cardio [CR] 12:30 Activity Committee [CR] 1:00 Ambassador Meeting [GR] 2:00 Sing-a-Long [CR] 3:00 Craft Club- [CR] 5:30 Game Time- Bunco [LC]	9:30 Coffee Chat [CS] 8 10:30 Exercise- Stretch & Balance [CR] 1:30 January Tunes w/ Hal Skogquist [DR] 3:00 Twisted Bingo [CR] 5:30 Game Time- Rummikub [LC]	9:30 Ladies Tea [GR] 9 10:30 Exercise- Cardio [CR] 1:00 St Michael Senior Center BINGO [ME] 1:00 Culinary Chat [CR] 1:30 Chef Demo [CR] 3:00 The Game Show [CR]	9:30 Catholic Communion [CR] 10 10:30 Exercise- Strength [CR] 1:00 Rummikub [CS] 2:00 Legacy Buck Bingo [DR] 3:00 Happy Hour Munchies [LC]	2:00 Movie Matinee- Nashville Christmas [CR] 11 2:00 Cards- 500 [CS]
	1:00 Northwest Bible Church [CH] 12 2:00 Movie Matinee- [CR] 2:00 Cards- 500 [CS]	9:30 Bistro Corner [CS] 13 10:30 Exercise- Strength [CR] 1:00 Hot Cocoa Social [CR] 2:00 Card Bingo [DR] 3:00 Happy Hour [LC] 6:15 Rosary [CH]	9:00 Shopping Trip to Dollar Tree [ME] 14 9:30 Coffee Chat w/ Jenny [CS] 10:30 Exercise- Cardio [CR] 1:00 Lifespark Tryathlon- Whizzer [CR] 2:00 Sing-a-Long [CR] 3:00 Music & Manicures [CR] 5:30 Game Time- Bunco [LC]	9:30 Coffee Chat [CS] 15 10:30 Exercise- Stretch & Balance [CR] 11:00 Lunch Trip to Willy McCoys [ME] 2:00 Twisted Bingo [DR] 3:00 January Trivia Contest [CR] 5:30 Game Time- Rummikub [LC]	9:30 Coffee w/ Chatty Cathy [CS] 16 10:30 Exercise- Cardio [CR] 1:00 Lifespark Tryathlon- Arm/Leg Crank [CR] 2:00 Resident Council Meeting [DR] 3:00 The Game Show [CR]	9:30 Catholic Mass [CR] 17 10:30 Exercise- Strength [CR] 1:00 Rummikub [CS] 1:00 Lifespark Tryathlon-Really Big Show! [CR] 2:00 Legacy Buck Bingo [DR] 3:00 Happy Hour Munchies [LC]	2:00 Movie Matinee- [CR] 18 2:00 Cards- 500 [CS]
	1:00 Northwest Bible Church [CH] 19 2:00 Movie Matinee- [CR] 2:00 Cards- 500 [CS]	Martin Luther King Jr. Day 20 9:30 Bistro Corner [CS] 10:30 Exercise- Strength [CR] 1:00 Ice Cream Social [CR] 2:00 Card Bingo [DR] 3:00 Happy Hour [LC] 6:15 Rosary [CH]	9:00 Shopping Trip to Walmart [ME] 21 9:30 Coffee Chat w/ Jenny [CS] 10:30 Exercise- Cardio [CR] 1:00 Lifespark Tryathlon- Whizzer [CR] 2:00 Sing-a-Long [CR] 3:00 Cooking Club- [CR] 5:30 Game Time- Bunco [LC]	9:30 Coffee Chat [CS] 22 10:30 Exercise- Stretch & Balance [CR] 1:30 Birthday Celebration w/ Kevin Wegman [DR] 3:00 Twisted Bingo [CR] 5:30 Game Time- Rummikub [LC]	9:30 Ladies Tea [GR] 23 10:30 Exercise- Cardio [CR] 1:00 Lifespark Tryathlon- Arm/Leg Crank [CR] 2:00 Senior Spelling Bee [CR] 3:00 The Game Show [CR]	9:30 Catholic Communion [CR] 24 10:30 Exercise- Strength [CR] 1:00 Rummikub [CS] 1:00 Lifespark Tryathlon-Really Big Show! [CR] 2:00 Legacy Buck Bingo [DR] 3:00 Happy Hour Munchies [LC]	2:00 Movie Matinee- [CR] 25 2:00 Cards- 500 [CS]
	1:00 Northwest Bible Church [CH] 26 2:00 Movie Matinee- [CR] 2:00 Cards- 500 [CS]	9:30 Bistro Corner [CS] 27 10:30 Exercise- Strength [CR] 1:00 Hot Cocoa Social [CR] 2:00 Card Bingo [DR] 3:00 Happy Hour [LC] 6:15 Rosary [CH]	9:00 Shopping Trip to Fleet Farm [ME] 28 9:30 Coffee Chat w/ Jenny [CS] 10:30 Exercise- Cardio [CR] 1:00 Lifespark Tryathlon- Whizzer [CR] 2:00 Sing-a-Long [CR] 3:00 Manicures & Moscatos [CR] 5:30 Game Time- Bunco [LC]	9:30 Coffee Chat [CS] 29 10:30 Exercise- Stretch & Balance [CR] 1:30 January Tunes w/ Ross Mclead [DR] 3:00 Twisted Bingo [CR] 5:30 Game Time- Rummikub [LC]	9:30 Coffee w/ Chatty Cathy [CS] 30 10:30 Exercise- Cardio [CR] 1:00 Lifespark Tryathlon- Arm/Leg Crank [CR] 2:00 Senior Spelling Bee [CR] 3:00 The Game Show [CR]	9:30 Catholic Communion [CR] 31 10:30 Exercise- Strength [CR] 1:00 Rummikub [CS] 1:00 Lifespark Tryathlon-Really Big Show! [CR] 2:00 Legacy Buck Bingo [DR] 3:00 Happy Hour Munchies [LC] 5:00 Dinner & a Movie [CR]	