



Executive Director
Jeremy Meriwether



**Assistant ED/
Business Office**
Coming Soon



Marketing Director
Coming Soon



**Director of Health
Services**
Ashley Lefebvre,
RN



Assistant DHS
Gina Cody, RN



**Memory Care
Coordinator**
Sara Steffens, RN



Culinary Directory
Lindsay Mills



Activites Director
Jenny Kisch

May 2025 Newsletter
Discover what's going on in our community



Maintenance
Lutch Martinez



**Housekeeping
Manager**
Alyssa Nyhlen



**Administrative
Assistant**
Karen Ludwig



EDIT
Coming Soon

Happy Birthday !

- 5/1 Donna J
- 5/6 David P
- 5/13 Dawn C
- 5/17 Tori M
- 5/17 Dan S
- 5/27 Delores G



Phone: 763-497-0171

A message from AED/ Buisness office manager Kelly

After nearly two memorable years of dedicated service to the residents, families, and staff at The Legacy of St. Michael, I am announcing my departure to this community that has become like family to me.

Since stepping into the role in June of 2023 as the Assistant Executive Director, I have had the privilege of getting to know residents, families, and staff on a deeply personal level—an experience I describe as both rewarding and unforgettable. There have been a lot of laughs and too many tears to count. It has truly been an honor to be part of this incredible community. The relationships I've built and the moments I've shared with so many of you will always hold a special place in my heart.

My final day at The Legacy of St. Michael will be Friday, April 25, as I embark on an exciting new opportunity at another assisted living facility. While change often brings mixed emotions, I want to express nothing but gratitude and warm wishes for the future of The Legacy of St. Michael. This chapter in my career has meant so much to me, and I'm grateful for every moment.

The Legacy of St. Michael has already appointed a new Assistant Executive Director, and further information will be shared with residents and families in the coming month.



Peace to everyone,
Kelly Schmidt



A message from ED Jeremy

- The planters out front will be moved by the gazebo Simple and Grand will be supplying planters out front starting in May.
- Our new Marketing Director Rachel will be starting April 28th.
- We made \$490 from the Easter Brunch with the Walk to End Alzheimer's.

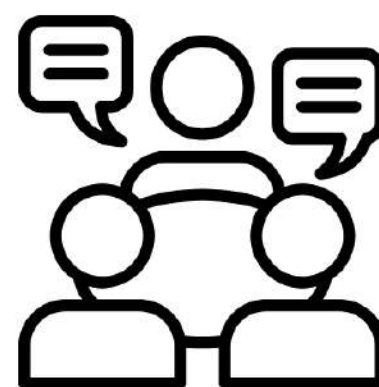


Activities Committee 5/7



Men's Group - Fishing 5/7

Brain Health w/ Aegis 5/15



Resident Council 5/15

Popcorn Social 5/29



MAY ENTERTAINMENT

5/14
1:30 PM
DINING ROOM
DUKE ZEKKO

5/28
1:30 PM
DINING ROOM
JERRY FISHER

THE OREGON TRAIL
PRESENTED BY: NEBRASKA STATE HISTORICAL SOCIETY

MAY 1ST | 2PM



Experience the Oregon Trail like never before with a presentation at Chimney Rock! Discover the importance of choice, chance, and opportunity as an expert shares real stories of those affected by the historic trail.

Message From Our Marketing Director Lisa.

Hello Everyone!
Have you ever wished that you could choose your neighbors?
Well actually, you can!
Legacy of St. Michael has a Referral Program:
Pick Your Neighbor–Refer a Friend! If you refer a friend and they move in....you will get \$1,000 off one month’s rent, and they will receive \$500 off of their first month’s rent!
Good friends can become good neighbors!
Please see the Marketing Director to fill out the required form for the information.
(This program is subject to change or may end without notice. This program is for private pay residents only.)

Nursing Week Spirit Days

Monday: May 5
Wear your favorite sports team apparel 

 **Tuesday: May 6**
Tropical Tuesday: wear your best tropical outfit

Wednesday: May 7
Purple day: wear as much purple as possible 

 **Thursday: May 8**
Farmer/ Western day

Friday: May 9
Superhero Day 

Take Control of Your Health

Steps to Prevent a Fall
Every 11 seconds, an older adult is seen in an emergency department for a fall-related injury. **Many falls are preventable.**

Stay safe with these tips!

 **1** Find a good balance and exercise program. Look to build balance, strength, and flexibility. Contact your local Area Agency on Aging for referrals. Find a program you like and take a friend.

To learn more, visit ncoa.org/FallsPrevention



If you have any dishes from the kitchen please return them to the kitchen!



Message from Maintenance

- Planter boxes and gazebo will be re-finished



If you still have your wedding picture, wedding dress, or wedding veil please see Jenny!

What We Did in April



Fika & Flowers came in and we made flower arrangements

Our garden club planted some flowers, and there was buds a week later



Made Apple fritters at Culinar Chef Demo

Had some crafting fun



Easter Bunny came for a visit



Played some Dominos



Took a trip to Nothing Bundt Cakes