



Executive Director
Shaelee Reichstadt



**Assistant ED/
Business Office**
Sheila Gast



Marketing Director
Rachel Rigo



**Director of Health
Services**
Tayva Young



Assistant DHS
Gina Cody, RN



**Memory Care
Coordinator**



Culinary Director
Michelle Miller



Activites Director
Stephanie Watson



Maintenance
Lutch Martinez



**Housekeeping
Manager**
Alyssa Nyhlen



**Administrative
Assistant**
Karen Ludwig



Chaplain
Kevin Ekstrom



February 2026 Newsletter
Discover what's going on in our community

February Birthdays

- 2/1 Robert L.
- 2/10 Barbara K.
- 2/17 Olivia K.
- 2/19 Donna T.
- 2/23 David Pa.



Phone: 763-497-0171



A message from our new Executive Director in Training (EDIT), Saraya Jayne-Hanover!

My name is Saraya, pronounced (Suh Ray Uh), and I am excited to be a part of the Legacy team as an Executive Director in Training!

I was born in Florida and moved to Georgia when I was 8. I have only been in Minnesota for 7 years, so I am still adjusting to the cold, something that will probably never happen.

I spent four years in the Navy, and it was there that I met my husband who is from St. Paul, we have two kids, two big pups, Archie (Great Dane), and Benny (Golden Retriever), and 1 cat (Faber).

I graduated from Southern New Hampshire University with my bachelor's and have a background in Human Resources, but outside of work I'm all about enjoying life. I love reading, playing games of all kinds, doing puzzles, traveling when I can, and spending summer days out on the boat.

I am looking forward to all the knowledge and connections I will gain here to better serve residents wherever this journey leads me to next. 😊



ATTENTION:

BINGO

Wednesday 2/18 is at 2:30 in the Dining Room



FEBRUARY:
BLACK HISTORY MONTH
LOVE MONTH
MARDI GRAS
START OF LENT

Celebrating February Events:

Happy Hour & Know Your Partner Game

2/9 @3:00
Legends Club



Virtual Presentation

2/10 @3:00

Community Room

Ali, Parks, and Malcom X: Heroes of the Civil Rights Movement

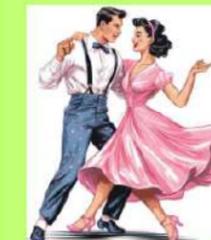
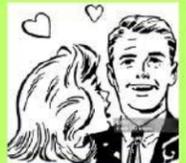
Gal-entine's Day Tea

2/11 @1:00
Legends Club



Share Stories: Greatest Love Stories Ever Told

2/14 @9:30am
Coffee Shop



Pictures in Time: 12 Rules of Dating in the 1960's
2/17 @3:15
Community Room

Lent Service 2/18

Details TBD,
Stay tuned!



Legacy Singers Choir

Legacy Singers are a choir made up of residents who learn music and sing together. They perform for their friends for various holidays such as Easter, Veteran's Day, and Christmas. If you would like to join, we'd love to have you!

Legacy Singers Initial Meeting
2/3 @ 2:30 Community Room

Choir Practice begins 2/17 @ 2:15
Chapel (3rd floor)

Tuesdays thereafter @ 2:15 Chapel



SPARK Games!
Be a MIGHTY KNIGHT!



TRYathalon Games

Tuesdays: Whizzer (walking)
Thursdays: Crank Day
(hand/foot pedaling)
1:00pm in the Great Room

Really Big Show!

See how the Mighty Knights
stack up against other teams
Fridays 1:00pm
in the Great Room

Monthly Recurring Events



Culinary Chat 2/4 @ 1:30 PM
Chef Demo 2/4 @ 2:00 PM
Community Room

Town Hall 2/11 @ 2:00
Community Room



Memory Cafe 2/18 @ 1:00
Community Room
RSVP to Rachel at
763-497-0171.



(see page 4 for more details)

Resident Council 2/19 @ 2:00
Community Room



Catholic Mass & Communion
every 3rd Friday of the month
2/20 @ 9:30 Community Room



February Birthday Bash!
with Kevin Wegman **2/26 @ 2:00**
2/26 @2:00 Dining Room



February
Virtual Learning:
Marine Rescue &
Rehabilitation
2/5 @2:00
Community Room



Entertainment
in the Dining Room

Niny Salem 2/5
Jazz musician & Vocalist 6:00pm

Dick Heuvels 2/12
50's & 60's Classics
2:00pm

Rick Bricks 2/19
Guitar, Harmonica, Vocals
6:00pm



Kevin Wegman 2/26
Birthday BASH



A Message from our Chaplain,
Kevin Ekstrom

Hello all! If you have not heard, I have been transferred to a number of our Woodbury locations. I apologize if I wasn't able to tell you in person, as I tried my best to share the news face to face with many of you. It has been a privilege and a joy to serve you as a chaplain these past months.

I accepted to the transfer due to the much shorter commute, and I think it will be a more sustainable place of work in the long term for me. Even still, it was not lightly that I accepted this move, and I did not intend on leaving you so soon after starting at this community. I have cherished your fellowship, and I want to thank you all for welcoming me into your homes and hearts.

I do not take for granted the openness you have shown me. I trust that chaplain Kristin, the new chaplain for this community, will similarly find a warm welcome. I know she will do a fantastic job. In the meantime, know that I am still with Lifespark, and chaplain Kristin can always get a hold of me if appropriate. You all remain in my thoughts and prayers.

Blessings to you,
Chaplain Kevin

What we did in January



MIGHTY KNIGHTS, UNITE!
 Our Mighty Knights team has shown up in spades to represent Legacy of St. Michael in the SPARK Games! We are IN IT TO WIN IT! Come be a teammate! Come be a cheerleader!



Diamond Art
 This task calls for some fine motor precision and focus! Residents enjoyed watching their creations come to life with each diamond placed.



Preparing Valentines for next month!
 Residents "readied their hearts" making heart bouquet valentines to share the love.

What we did in January



Embraced the Winter Season while staying warm!

Residents made cozy sock snowmen step by step, and with some personalization



Embraced FUN Exercise!

Balloon Tennis, Noodle Ball, and Soccer to name a few! Always brings a smile to our faces



Celebrated Elvis Week in STYLE with an Elvis themed live music performance, dress up days using song titles: "pocketful of rainbows", anyone?, and Elvis themed happy hours with trivia, signature cocktail, and Elvis' favorite foods: fried foods!